COCHANCE AUGUST 2022 ISSUE 18

MD'S WORD	02
ANNOUNCEMENT	C.
Saudi Build 2022	04
PRODUCT HIGHLIGHT	
BISON Adhesives	05
LEARNING CORNER	
Your Guide to Using Microsoft OneNote Effectively	09
9 WAYS YOU'RE KILLING YOUR Productivity	10
HABITS OF SUCCESSFUL PEOPLE	11



OUR SOCIAL MEDIA PAGE 12.

MD'S WORD ETHICAL PRINCIPLES FOR BUSINESS EXECUTIVES

If recent history teaches us anything is that ethics and character count, especially in business. Many organizations have been destroyed by executives with massive ambition and intelligence but no moral compass. In today's ultra-competitive, high tech, interdependent business world, charisma without conscience and cleverness without character are a recipe for economic and personal failure of epic proportions. Competitiveness, ambition and innovation will always be important to success but they must be regulated by core ethical principles like the ones described below.

Let's start with a basic definition: ethical principles are universal standards of right and wrong prescribing the kind of behavior an ethical company or person should and should not engage in. These principles provide a guide to making decisions but they also establish the criteria by which your decisions will be judged by others. In business, how people judge your character is critical to sustainable success because it is the basis of trust and credibility. Both of these essential assets can be destroyed by actions which are, or are perceived to be unethical. Thus, successful executives must be concerned with both their character and their reputation.

HONESTY

Be honest in all communications and actions. Ethical executives are, above all, worthy of trust and honesty is the cornerstone of trust. They are not only truthful, they are candid and forthright. Ethical executives do not deliberately mislead or deceive misrepresentations, others by partial overstatements. truths. selective omissions, or any other means and when trust requires it they supply relevant information and correct misapprehensions of fact.

INTEGRITY

Maintain personal integrity. Ethical executives earn the trust of others through personal integrity. Integrity refers to a wholeness of character demonstrated by consistency between thoughts, words and actions. Maintaining integrity often requires moral courage, the inner strength to do the right thing even when it may cost more than they want to pay. The live by ethical principles despite great pressure to do otherwise. Ethical executives are principled, honorable, upright and scrupulous.

PROMISE-KEEPING

Keep promises and fulfill commitments. Ethical executives can be trusted because they make every reasonable effort to fulfill the letter and spirit of their promises and commitments. They do not interpret agreements in an unreasonably technical or legalistic manner in order to rationalize non-compliance or create justifications for escaping their commitments.

LOYALTY

Be loyal within the framework of other ethical principles. Ethical executives justify trust by being loyal to their organization and the people they work with. Ethical executives place a high value on protecting and advancing the lawful and legitimate interests of their companies and their colleagues. They do not, however, put their loyalty above other ethical principles or use loyalty to others as an excuse for unprincipled conduct. Ethical executives demonstrate loyalty by safeguarding their ability to make independent professional judgments. They avoid conflicts of interest and they do not use or disclose information learned in confidence for personal advantage. If they decide to accept other employment, ethical executives provide reasonable notice, respect the proprietary information of their former employer, and refuse to engage in any activities that take undue advantage of their previous positions.

FAIRNESS

Strive to be fair and just in all dealings. Ethical executives are fundamentally committed to fairness. They do not exercise power arbitrarily nor do they use overreaching or indecent means to gain or maintain any advantage nor take undue advantage of another's mistakes or difficulties. Ethical executives manifest a commitment to justice, the equal treatment of individuals, tolerance for and acceptance of diversity. They are open-minded; willing to admit they are wrong and, where appropriate, they change their positions and beliefs.

LAW ABIDING

Obey the law. Ethical executives abide by laws, rules and regulations relating to their business activities.

COMMITMENT TO EXCELLENCE

Pursue excellence all the time in all things. Ethical executives pursue excellence in performing their duties, are well-informed and prepared, and constantly endeavor to increase their proficiency in all areas of responsibility.

LEADERSHIP

Exemplify honor and ethics. Ethical executives are conscious of the responsibilities and opportunities of their position of leadership and seek to be positive ethical role models by their own conduct and by helping to create an environment in which principled reasoning and ethical decision making are highly prized.

REPUTATION AND MORALE

Build and protect and build the company's good reputation and the morale of it's employees. Ethical executives understand the importance of their own and their company's reputation as well as the importance of the pride and good morale of employees. Thus, they avoid words or actions that that might undermine respect and they take affirmative steps to correct or prevent inappropriate conduct of others.

ACCOUNTABILITY

Be accountable. Ethical executives acknowledge and accept personal accountability for the ethical quality of their decisions and omissions to themselves, their colleagues, their companies, and their communities.

Saqib Altaf.

CARING

Demonstrate compassion and a genuine concern for the well-being of others. Ethical executives are caring, compassionate, benevolent and kind. They understand the concept of stakeholders (those who have a stake in a decision because they are affected by it) and they always consider the business, financial and emotional consequences of their actions on all stakeholders. Ethical executives seek to accomplish their business objectives in a manner that causes the least harm and the greatest positive good.

RESPECT FOR OTHERS

Treat everyone with respect. Ethical executives demonstrate respect for the human dignity, autonomy, privacy, rights, and interests of all those who have a stake in their decisions; they are courteous and treat all people with equal respect and dignity regardless of sex, race or national origin. Ethical executives adhere to the Golden Rule, striving to treat others the way they would like to be treated.

3

ANNOUNCEMENT SAUDI BUILD 2022



SAUDI BUILD 2022

The 32nd International Trade Exhibition for Construction Materials and Building Technologies



the largest construction market in the Middle East...

A robust, sustainable, post COVID demand boom is underway for the building industry in the Kingdom... Saudi Build 2022, will showcase building solutions and technologies that will enable more sustainable developments and healthier environments...

Saudi Build 32nd edition will offer us pre-planned opportunities to meet with our desired sector decision makers. Project owners, Consultants, Designers, Specifiers, Architectural consultants, Construction engineers and Energy, lighting, and Airconditioning Specialists will source their post COVID needs at the Saudi Build 2022.

SAUDI BUILD 2022 WILL SHOWCASE:

- Latest building technologies
- Interiors & Finishing Materials
- Building Tools & Materials
- Heavy Equipment & Machinery
- Concrete Products & Technologies
- Stones & Ceramics
- Building Technologies & Innovations
- · Lighting and electrical Accessories & Technologies
- · Electro-Mechanical Solutions and Technologies
- Air-conditioning, Cooling & Ventilation

WHY SAUDI BUILD?

- A gateway to the largest Construction market in the region
- The heart of the public sector and private sector decision making
- Sold out shows for 31 years, have attracted key trade buyers and project owners
- Leading platform to present our latest technologies, solutions, services and products and innovations. Growing our brand.

PRODUCT HIGHLIGHT BISON ADHESIVES

BISON

WHOEVER SAYS ADHESIVE, SAYS BISON. WHOEVER THINKS BISON, THINKS ADHESIVE.

Bison is in part the basis for every job because of the unparalleled product range. For (critical) do-it-yourselfers. Securing, repairing, assembling and sealing. Indoors, outdoors, in the garden, the caravan and on the boat.

POLY MAX® ORIGINAL



WHAT IS IT?

Properties

- Very high final bond strength
- Permanently elastic
- Can be used internally and externally
- Paintable (test first)
- Good filling capacity
- Resistant to temperatures between 40- °C and 100+ °C
- UV, water and all-weatherresistant
- ▶ 100 % adhesive (non-shrinking)
- Also bonds to slightly damp surfaces
- Solvent-free
- Excellent bonding without primer
- ► Acid-free, odourless

WHAT DOES IT DO?

Suitable for:

Bonding: e.g. glass, stone, natural stone, concrete, plasterwork, many synthetic materials, wood, chipboard, Trespa®, iron, aluminium, zinc, steel, stainless steel and other metals, ceramic tiles, cork and mirrors. Fixing: e.g. skirting boards, lathing, window sills, doorsteps, roof edges, construction boards, insulation materials, gypsum boards, polystyrene ornaments and decorative frames. Sealing: e.g. skirting boards (synthetics), window frames, stair steps, window sills, doorsteps and drywalls. Also suitable for sealing cracks in walls and ceilings.

Not suitable for:

Not suitable for PE, PP, PTFE and bitumen. When gluing plastics always perform an adhesion test first. Adhesion to plastics can vary depending on the type of synthetic and the quality of the plastic.

PRODUCT HIGHLIGHT BISON ADHESIVES POLY MAX® ORIGINAL

GETTING STARTED

Before use:

Working conditions

Only apply at temperatures between 5+ $^{\circ}\mathrm{C}$ and 40+ $^{\circ}\mathrm{C}.$

Surface requirements

Both parts must be solid, clean, free of dust and grease. Use of primer not required. The surface may be slightly moist.

Tools

Use sealant gun to handle cartridge. If necessary, use a rubber mallet to tap lightly.

Preparation of product

Before using open cartridge at the top by cutting off the plastic nipple above the thread with a sharp knife. Fix the nozzle onto the cartridge and cut at an angle to the desired diameter.

Coverage

With spot bonding: 8-5 m²/kg. Stripes: one cartridge issues approx. 15-8 metres of adhesive (depending on the diameter of the cut nozzle).

During use:

Handling of packaging

Bonding and fixing: Cut the nozzle to a diameter of at least 0.5 cm. Sealing: Cut the nozzle at an angle to the desired joint width.

Directions for use

Bonding and fixing: Apply in stripes or dots (every 40 - 10 cm). Always apply to the corners and along the edges of construction boards. Correctly position material within 10 minutes and press firmly or lightly tap with a rubber mallet. If necessary, clamp or fixate heavy materials for 24 hours. Maximum final bond strength after approx. 48 hours, depending on the substrate and the ambient circumstances. Sealing: Evenly apply to the bottom of the joint and tool within 10 minutes using a moistened (with soapy water without lemon) putty knife, sealant smoother, or finger. Tool the vertical joints from bottom to top. Fully cured after a few days (depending on the thickness of the layer). When painting over with alkyd paint, the paint may dry more slowly.

Points of attention

The following drying times are based on bonding at least one porous material and an adhesive layer of approx. 1 mm thickness. If two non-porous materials are being bonded and/or the layer of adhesive is thicker, the drying times may be substantially longer. When adhesive is applied underwater, it may turn white. Avoid direct contact with UV radiation (eg. By sealing applications outdoors).

<u>After use:</u>

Stains/residue

Use white spirit for cleaning tools and removing wet adhesive residue. Dry adhesive residue can only be removed mechanically.

Storage conditions

Close container properly and store in a dry, cool and frost-freeplace.

SIMILAR PRODUCTS

Click the images to access the web for more information



POLY MAX[®] HIGH TACK EXPRESS



POLY MAX[®] HIGH TACK EXPRESS



POLY MAX[®] CRYSTAL EXPRESS



POLY MAX[®] EXPRESS

PRODUCT HIGHLIGHT BISON ADHESIVES

WHOEVER SAYS ADHESIVE, SAYS BISON. WHOEVER THINKS BISON, THINKS ADHESIVE.

MONTAGEKIT PROFESSIONAL





WHAT IS IT?

Properties

- Very high final bond strength
- Can be used internally and externally
- ▶ Filling
- Suitable for materials under stress
- Suitable for joining non-porous materials together
- Permanently elastic
- Universally applicable
- Suitable for uneven surfaces
- Shortly correctable
- Water resistant
- Temperature resistant

WHAT DOES IT DO?

Suitable for:

Suitable for assembling all kinds of (building) materials, such as wood, stone, concrete, metal and many synthetics on nearly all substrates of stone, concrete, wood, metal, synthetics, plasterwork, gypsum board, etc. Also very suitable for bonding two non-porous materials and fixing material under strain. Very suitable for mounting timber framework, skirting boards, doorsteps, laths (wood / plastic), panelling, window sills, ceramic tiles, construction boards, drywalls, wood strips, wall covering sheets, panels, insulation, soft and hardboard, panels, sills, nameplates , house numbers, suspension hooks, ducts, electrical outlets and electrical boxes.

Not suitable for:

Not suitable for PE, PP, PTFE, bitumen, polystyrene foam, mirrors, natural stone and in permanently humid places. When gluing plastics always perform an adhesion test first. Adhesion to plastics can vary depending on the type of synthetic and the quality of the plastic.

PRODUCT HIGHLIGHT BISON ADHESIVES MONTAGEKIT PROFESSIONAL

GETTING STARTED

Before use:

Working conditions

Only apply at temperatures between 5+ $^{\circ}$ C and 40+ $^{\circ}$ C.

Surface requirements

Both parts must be dry, clean and free of dust and grease.

Tools

Use putty knife or spatula to apply. If necessary, use a rubber mallet to tap lightly.

Preparation of product

Before using open cartridge at the top by cutting off the plastic nipple above the thread with a sharp knife. Fix the nozzle onto the cartridge and cut at an angle to the desired diameter.

Coverage

Wall covering sheets and panels: about 8-5 m^2/kg depending on the weight of the material. Lathing, skirting boards and timber framework: about 6-4 m^2/kg glued surface.

During use:

Handling of packaging

Cut off screw thread, assemble nozzle and cut to a diameter of at least 0.5 cm.

Directions for use

Depending on the weight of the material, apply the adhesive evenly in vertical strips or dots at intervals of between 20 and 40 cm. Always apply adhesive to the corners and along the edges. Assemble materials with a pushing movement and press or knock firmly together. Correction is still possible. With heavy materials, materials under stress, or two non-porous materials, apply the power bonding method. Mount material, press and immediately loosen. Let dry for 5 minutes, assemble in the same place and press firmly or hammer. Adjustment is not possible. For heavy materials, fastenings or supports may be required.

After use:

Stains/residue

Use white spirit for cleaning tools and removing wet adhesive residue. Dry adhesive residue can only be removed mechanically.

Storage conditions

Close container properly and store in a dry, cool and frost-freeplace.



GRIZZLY MONTAGE EXTREME



MONTAGEKIT TRANSPARENT



MONTAGEKIT POLYSTYRENE



GRIZZLY MONTAGE POWER



MONTAGEKIT UNIVERSAL

SIMILAR PRODUCTS

Click the images to access the web for more information



MONTAGEKIT DIRECT GRIP

LEARNING CORNER



9 WAYS You're killing Your **Productivity**

Scrolling on Social Media	
Constantly Checking Notifications	
Multitasking	
Taking Action Without Planing	
Overthinking	
Pointless Conversations	••••
Negative Thinking	
Setting Wrong Goals	
Poor Sleep Quality	



AUGUST 2022 | ISSUE 18

HABITS OF SUCCESSFUL PEOPLE



Follow Us



COGNIZANCE A UNITECH NEWSLETTER



COG.AUG22.INIS18



